

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Catholic Communion in the Chapel 1 10:30 Osteoporosis workout in Therapy Room 1:00 Memory Care Visiting 1:30 Resident Council Meeting at the big table Independent Lounge 2:30 -Bible Study with Paul in the Chapel 4:30 Corn Hole Tournament in Bistro	SALON DAY AT THE GABLES 2 10:30 Balloon Volleyball Back Therapy Room. Voted most "Fun" workout at Gables! 11:00 Westerville Library Delivery Day <i>Come make a birthday card for Nira</i> 1:00 Memory Care Visiting TBD Let's Go to the Movies!!!! Where the Crowdads Sing - at Polaris \$5.00 3:00 Gather in the Garden for pinching	10:30 Sun Salutation Chair Yoga Back Therapy Room 3 10:45 Kindness Meditation to follow directly after-same place 11:30 Artist of the month talk Andrew Wyeth 1:00 Memory Care Visiting 1:30 Happy Watermelon Day Craft! 2:30 Left, Right, Center at the big table	10:30 One Stop Shop Day! Sign up and choose a store. 4 11:00 Morning Walker's, take a hike around Town Square-meet at Front Desk. Offer to walk with a friend 1:00 Memory Care Visiting 2:30 Monthly "Getting to Know You" Tea Party in the Bistro	10:30 Exercise with Olivia in the back Therapy Room- 30 minutes of fun 5 11:00 Manicure Anyone? Activity Room 1:00 Memory Care Visiting 2:30 Bird Lover's Meeting Bring Pics and stories from your sightings 4:00 Happy Hour, Poker & Trivia	11:00 Charades in the Bistro at the Dry erase Board 6 1:15 "Left, Right, Center" at the big table Independent Lounge 2:00 and on, afternoon board games in the Bistro 3:00 Movie with Friends Ask the front desk
9:30 Morning Hiker's Scenic Route to the Chapel 7 10:00 Streamed Catholic Service in Chapel 11:45 Ride to St Paul's Service next door Meet at the front Desk 1:15 Weekend Bingo at the big table 3:00 Card Club in the Bistro	9:30 Catholic Communion in the Chapel 8 10:30 Osteoporosis workout in Therapy Room 11:00 "Out to Lunch Bunch" Group picks 2:30 -Bible Study with Paul in the Chapel The Book of Mark 3:30 Living Word Singer's sing in Memory 4:30 Corn Hole Tournament in Bistro	SALON DAY AT THE GABLES 9 10:30 Balloon Volleyball in Therapy Room. Voted most "Fun" workout at Gables! 11:30 Ted Talk Activity Room 1:00 Memory Care Visiting 2:00 let's sing Hymns in the Chapel! 3:30 Lucky Lucky Us! Concert time with Tony Monaco in the main circle. This time, on the Hammond B organ. Don't want to miss this!	10:30 Sun Salutation Chair Yoga Back Therapy Room 10 10:45 Kindness Meditation to follow directly after-same place FIELD TRIP TO THE MOTT'S MILITARY MUSEUM -DOLLY LEAVES AT 12:30 \$8.00 ADMISSION. PLAN ON THIS!!! 4:00 Mid week Bingo at the big table	10:30 One Stop Shop Day! Sign up and choose a store. 11 11:00 Morning Walker's, take a hike around Town Square-meet at Front Desk. Offer to walk with a friend 1:00 Memory Care Visiting 2:30 Connie comes calling for crazy card-making! Activity Room. Don't be late	10:30 Exercise with Olivia in the back Therapy Room- 30 minutes of fun 12 11:30 Artist of the Month Vote before lunch Activity Room 1:00 Memory Care Visiting 1:30-3:30 Manicure Anyone? Sign up early 4:00 Happy Hour, Poker & Trivia	11:00 Hangman in the Bistro 13 1:15 "Left, Right, Center" at the big table Independent Lounge 2:30 Show and Tell Book Club, introducing Grace and Stephanie Courtyard Circle Bring a favorite short story, book, children's book or poem to share. 3:30 Movie with Friends Ask the front desk
9:30 Morning Hiker's Scenic Route to the Chapel 14 10:00 Streamed Catholic Service in Chapel 11:45 Ride to St Paul's Service next door Meet at the front Desk 1:15 Weekend Bingo at the big table 3:00 Card Club in the Bistro	9:30 Catholic Communion in the Chapel 15 10:30 Osteoporosis workout in Therapy Room 11:00 "Out to Lunch Bunch" Sign up !!!! Giammarco's Italian Restaurant 1:00 Memory Care Visiting 2:30 -Bible Study with Paul in the Chapel 4:30 Corn Hole Tournament in Bistro	SALON DAY AT THE GABLES 16 10:30 Balloon Volleyball- Therapy Room 11:30 Ted Talk Activity Room 1:00 Memory Care Visiting 2:30 Flower Day with Capital City and Brad! Bring your vases to the big table. 4:30 Stop by the Activity Room to make a Thank U Video for Brad On your way to dinner	10:30 Sun Salutation Chair Yoga Back Therapy Room 17 10:45 Kindness Meditation to follow directly after-same place 11:30 Ted Talk in Activity Room Come listen & Discuss. 1:00 Memory Care Visiting 2:30 Mid Week Bingo at the big table 6:00 COMMUNITY MEETING IN THE DINING ROOM	10:30 One Stop Shop Day! Sign up and choose a store. 18 11:00 Morning Walker's, take a hike around Town Square-meet at Front Desk. Offer to walk with a friend 1:00 Memory Care Visiting 2:30 Painting with Sue in the Activity Room "Sunrise" theme Sign up early.	10:30 Exercise with Olivia in the back Therapy Room- 30 minutes of fun 19 11:00 Let's Sing Hymns in the Chapel 1:00 Memory Care Visiting 1:30-3:30 Manicure Anyone? Sign up early 2:30 Follow up with Sue with "Sunrise" Paint project - Activity Room 4:00 Swing Dancer's will invade our Happy Hour. Come enjoy all the fun!	11:00 Charades in the Bistro at the Dry erase Board 20 1:15 "Left, Right, Center" at the big table 2:00 and on, afternoon board games in the Bistro 3:00 Movie with Friends Ask the front desk
9:30 Morning Hiker's Scenic Route to the Chapel 21 10:00 Streamed Catholic Service in Chapel 11:45 Ride to St Paul's Service 1:15 Weekend Bingo at the big table 3:00 Card Club in the Bistro	9:30 Catholic Communion in the Chapel 22 10:30 Osteoporosis workout in Therapy 11:00 "Out to Lunch Bunch" Group pick 2:30 Bible Study with Paul in the Chapel 3:30 Living Word Singer's sing in Memory 4:30 Corn Hole Tournament in Bistro	SALON DAY AT THE GABLES 23 10:30 Balloon Volleyball- Therapy Room 11:30 Ted Talk Activity Room 1:00 Memory Care Visiting 2:30 Westerville History Museum and Public Library. Dolly will leave on time.	10:30 Sun Salutation Chair Yoga Back Therapy Room 24 10:45 Kindness Meditation to follow directly after-same place 11:30 Let's Sing in the Chapel 2:30 Left, Right Center -Big Table 3:30 - \$1.00 Trivia with Jerry in Bistro	10:30 One Stop Shop Day -Front Desk 25 11:00 Morning Walker's, take a hike around Town Square-meet at Front Desk. Offer to walk with a friend 11:30 Men's Luncheon in Private Dining Featuring : Bruce Hull 1:00 Memory Care Visiting 2:30 Show and Tell in the Activity Room Bring something interesting to share	10:30 Exercise with Olivia in the back Therapy Room- 30 minutes of fun 26 11:00 Manicure Anyone? Activity Room 1:00 Memory Care Visiting 2:30 Follow Up Paint Class from yesterday Activity Room 4:00 Brace Yourselves! Fifi & GiGi return for Happy Hour	11:00 Who Am I? In the Bistro Top Hat Table 27 1:15 "Left, Right, Center" at the big table Independent Lounge 2:00 and on, afternoon board games in the Bistro 3:00 Movie with Friends Ask the front desk
9:30 Morning Hiker's Scenic Route to the Chapel 28 10:00 Streamed Catholic Service in Chapel 11:45 Ride to St Paul's Service next door Meet at the front Desk 1:00 Weekend Bingo at the big table 2:30 "Ice Cream Sunday Bar" Memory Party Invite Family Members to join you! Bistro Area - Bring Your Memory Book	9:30 Catholic Communion in the Chapel 29 10:30 Osteoporosis workout in Therapy Room 11:00 "Out to Lunch Bunch" Feel like Pizza? Group Pick 1:00 Memory Care Visiting 2:30 -Bible Study with Paul in the Chapel 4:30 Corn Hole Tournament in Bistro	SALON DAY AT THE GABLES 30 10:30 Balloon Volleyball- Therapy Room 11:30 Ted Talk Activity Room 1:00 Memory Care Visiting 2:00 Planning for our Lifetime Wreaths Activity Room 4:30 Hangman at the dry board	10:30 Sun Salutation Chair Yoga Back Therapy Room 31 10:45 Kindness Meditation to follow directly after-same place 11:30 U Tube/U Choose 2:30 Mid Week Bingo at the big table 4:00 Prepare to Graffiti Paint a sign for Assisted Living Week coming up next month			